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## Embracing Life & Living Well After Traumatic Brain Injury

### Washington State 2013 Traumatic Brain Injury Conference

**Dates:**

Thursday, May 23 and Friday, May 24, 2013

**Location:**

Marriott Hotel, Seattle-Tacoma Airport

**Sponsors:**

DSHS, WA State TBI Strategic Partnership Advisory Council

**Conference partners include:**

Brain Injury Association of Washington, Brain Energy Support Team and TBI Survivors Network

**Cost:**

Conference Registration is \$175 (includes both days)

**Conference costs include:**

- Lunch and refreshments both days
- Resource Fair to highlight TBI services, programs, and resources

*\*CEUs for licensed social workers and counselors are pending*

*A limited number of scholarships will be available for individuals with TBI and/or unpaid caregivers of individuals with TBI. Scholarship Applications will be available in February 2013 and will be offered at the discretion of the conference planning committee.*

*Registration for paid participation will begin in early March 2013.*

### Keynote addresses:

**Dixie Coskie**

"Unthinkable: A Caregiver's Companion"

**Al Foxx**

"Achieving No Limits Embracing Change"

**Bill Brown**

"The Hidden Epidemic"

*This year's conference features 5 tracks: Adults with TBI, Support for Caregivers, Military and Veterans Issues, Supporting Youth with TBI, and Professional Interests*

### Sample workshop topics include:

- TBI 101 for Professionals
- Pediatric TBI Resources
- 504 and Youth in Transition
- Journaling for Caregivers
- Yoga as a Strategy for Resiliency
- Traumatic Brain Injury and Identity
- The Hidden Epidemic
- First Responders Training Update
- Aging and Disability Resource Center
- TBI and Communication Styles
- Department of Veterans Affairs Outreach Project
- CRATER Model
- School Transition Study
- Hyperbaric Oxygen (HBOT) Study Results